



Counselling Volunteer - Person Specification

Essential

1. Qualified or Trainee Counsellor
2. Ability to use feedback and support
3. Ability to make long-term commitment to client work
4. Capacity to witness pain and distress
5. Capacity for self care
6. Good mental and physical health (not excluding disability but about capacity to visit long-term)
7. Self-awareness
8. Experience of loss/bereavement process
9. Awareness of sexual issues in relation to self and others
10. Full Driving license and vehicle
11. Good interpersonal skills

Desirable

12. Knowledge of loss/bereavement process
13. Experience of providing personal support
14. Experience of working with people in distress